

THIS PAGE FOR EVERY WOMAN

EDITED BY JULIA CHANDLER MANZ

NEWS NOTES FROM WORLD OF FASHION

The Big Fur Scarf Continues to Be Popular.

For wear with the big fur scarf, as with the fanciful pelerines and capes of fur, the one-piece frock appears in all degrees of elegance and in many materials. Most effective, however, in connection with handsome furs is the velvet frock, and this the Parisienne particularly affects for afternoons.

The best of these velvet frocks designed for street wear with small fur, which means without a coat, the scarf of the moment being of an amplitude that makes it a far cry from the actually "small" are severely simple in line and detail.

Handsome boleros, a little fur or embroidery or lace or contrasting material, but no fussiness or elaboration, and usually none of the extreme shirredness about the bodice which obtains in velvet or cloth frocks intended for house wear or wear under coats.

Fur Scarfs for Afternoons.

Women wear their fur scarfs over the most elaborate of afternoon frocks, whose bodies are almost entirely of chiffon or lace, and for social functions this does very well, since the transit from warm limousine to warm house is brief; but for all around street wear the heavier bodies to make comfortable, since the artistically draped scarf, while warm enough where it covers, and covering most of the body, does have a way of leaving gaps open to the attack of winter winds.

Chiffon is an ideal for the fur scarf, but is now so very expensive that the price of such a scarf is prohibitive for all but the very rich or very extravagant.

Fur scarf models have been made up by the Parisienne. For example, a scarf of tulle, trimmed with two wide bands of ermine across each end, has turned back over its upper edge a wide ruff of wood tricot, embroidered in the wool flowers which have been exploited this season. This sort of thing, however, is so transient in its modishness that another season is sure to find it impossible, and it adds nothing to the beauty of the fur.

Ermine Undersized.

Ermine is most often left undressed except by fringes of its own tails. The preference now is for all white ermine with the black tails applied as fringes or ornaments to the ends. There are ermine scarfs bordered by black fur, or by black short-haired fur, and one handsome ermine scarf, made with an eye to revealing it upon occasion, was lined with black velvet, over which the ermine folded back in a bordering band six inches wide. This treatment is possible in any combination of velvet and fur, but is particularly effective in the white fur and black or dark velvet.

Stain on Flannel.

Stains on flannels may be removed by applying equal quantities of yolk of egg and glycerine and allowing it to soak for half an hour before the garment is washed.

In Jewelry, emeralds are much worn.

being perhaps the most popular of all colored stones.

LONDON CLUBWOMAN CRITICISES WOMEN IN MR. SHAW'S PLAYS

Miss Margaret Halden, presiding at a lecture on "The women in Bernard Shaw's plays," before the Players Club, in London, said that there were no women in Mr. Shaw's plays; she did not mean that they were untrue to life, but that they were not women of the real world.

NOVEL CLOTH SUIT.



Taupe broadcloth with self-tone suit—was used in the making of above suit—the design of which is unusual and smart. Note the cut of skirt and odd design of coat. Beadwork collar and cuffs with muffs to match complete the set up.

WOMAN'S WORK FOR WOMANHOOD TO BE EXTENDED ONLY DISEASED MIND FINDS ZEST IN KILLING FOR FUN

Mrs. Anna Jenness-Miller Defines the Difference Between Maternity and Motherhood.

By JULIA CHANDLER MANZ.

While she talked of her present work and the great purpose of the future, I interrupted her to ask about that first link in a long chain of splendid accomplishment for womanhood that has been forged by Mrs. Anna Jenness-Miller.

When I was fifteen years old, after the manner of young girls, I very much wanted to be a woman grown. The first requisite to the attainment of this end seemed to my undeveloped understanding the acquirement of "a shape," as I frankly put the matter to my mother when I told her I was much too old to be going around without corsets.

In answer to my argument, my mother took me to hear Mrs. Jenness-Miller lecture upon physical culture and dress improvement. The big auditorium was filled with listeners eager to learn what she had to tell them about the effect of muscular exercise upon health; about the deforming features of feminine attire, which imprisoned the vital organs and depleted the forces of life. This was fifteen years ago, when colleges and schools were just awakening to the necessity of developing bodies as well as brains, and Mrs. Jenness-Miller's gospel of physical development and artistic dressing was being embraced by millions of women.

Beginnings of Splendid Work.

"How did you come to do this splendid work of effecting changes that have remained permanent laws in the matter of woman's continuing, promoting her emancipation from no such thing as vulgar and grotesque in dress?" I asked wonderingly.

"It came to me without any intention on my part of so strenuous a work," she answered me, going back, when I insisted upon it, to the beginning of those years, now more than twenty years ago, when she found life for herself a burden because of manifold physical woes.

"I had had so many doctors, and was so very wretched," she went on, "that I just began thinking it a good thing to be told that the vital organs had to yield up all my years to illness. And when I had reasoned the matter out, I came to the conclusion that the cause rested with me and that its remedy was equally mine."

"Those were the days of the big bustle and other manifestations of dress. The corsets that were worn were so heavy and laced so tight that the vital organs had no chance of freedom, no room for development, and but space for a very poor and devalued existence. I began work for my own upbuilding and the development of the muscles of my body, and I designed for myself gowns that gave freedom to every muscle and that the symmetry of the curves and all possible rhythm of action."

The First Lecture.

"It was more than twenty years ago that a group of women gathered informally in Washington to hear me tell how I had pulled myself from a serious physical breakdown. That talk led to rapidly increasing requests for other informal

Divinity Shapes Our Ends.

Her face glowed with a sort of inner radiance, and I sat very still thinking of the wonder of that Divinity within us that shapes our ways.

As Shakespeare puts it:

There's a divinity that steers us on, Rough-hew them how we will.

Certainly there was a divine purpose in the inspiration that came to a sick girl to find both the cause and the remedy of her weakness, and when she had proven them for herself, to carry the message of health to other women who were vainly battling their dependence on doctors when they had the power within themselves to be healthy and happy.

Means a Bigger End.

"When I gave up lecturing, writing, and publishing along physical lines, that work had served its purpose as a means to an end, and that is why I had rather talk to you of my work of the present and my purpose for the future," Mrs. Jenness-Miller resumed. "When, at the end of ten years, my husband's ill health called me from public work, colleges and schools were fully aroused to the necessity of physical development. Many women were making physical culture a profession. Changes in dress that I had advocated had come in, in spite of temporary fashions."

Even in the last year of my platform work the dawning perception of the unity of forces was widening to me. That proportioned human development is more than rounded muscles, sound nerves, and vital red blood, important as these are to health and usefulness, I began to feel and understand in those last years of my work along physical lines.

"Just as it seemed that I had been sent out to carry my physical message to women so it seemed that I was recalled when that work was over, for these followed years of public inactivity, years given to the care of my ill husband, who passed into the new life two years ago. But in all these years the understanding grew; this inner leading for which there is no arbitrary name, but which has led to full flower and fruition in trine development, a system of teaching for the unity of physical, mental, and spiritual forces."

New Work Nearly Ready.

This work in trine development is to go out to the world that has come to trust Mrs. Jenness-Miller, and her message, in the form of several books, one of which is "The Trine Order Questioner," a catechism in the trinity of the human race.

An introduction to "The Trine Order Questioner" explains that "The trine order stands for proportion and balance, which all, without distinction of class, must have to make life better worth living in the here and now. The world is what we make it. When you or I neglect duty to God, self, family, or society, the general equilibrium is disturbed in the ratio of one to many. When millions do the same, social disproportion becomes widespread."

"For," says Mrs. Jenness-Miller, "lack of self-mastery among the masses is largely responsible for collective misery."

And again: "Self-development is the key to social equilibrium."

This little book, explaining the trine order so clearly, forcibly, and beautifully, is but the handbook of that on trine development that will carry a big message to the human mind, when it is given to the public, which will be very soon here.



MRS. ANNA JENNESS-MILLER.
At the close of her lecture work.

lectures, which, in their turn, developed into platform work of ten full years, during which I talked to big audiences of women filling the biggest auditoriums in the country, women eager to learn how to make life a thing of tremendous physical force, and corresponding mental activity; for, of course, the mind that draws its stimulus from a devalued physical being cannot do its best work so that my work had, even in those years before my full awakening to the highest possibilities of womanhood, a twofold mission.

"I hope," said Mrs. Jenness-Miller, "that you will not think that I am overestimating my work or my own purpose in life when I tell you that it seemed to me then, and seems to me now, that it was my mission—the purpose of the divine will for me—those years of going out throughout the country and showing other women how great a thing career and artistic dressing and physical development had done for me when medical advice was powerless to help. Had it not been for me, I would have been some else, for each link in the progress of life must be forged, and God uses human agents to forge them. But I am glad that the mission was mine."

"It means healthy, normal, happy children, born of understanding and co-operation with the facts of nature. No prima misere misperceptions or evades questions about life's sacred mission. For she knows how to tell her children of the wonders wrought in the name of love and procreative law in a way to satisfy curiosity and inspire reverence for inner unfoldments. This book stands alone in brightness for mother and child, before, at the time, and long after birth."

Spoke of Work with Reverence.

The author of the book, now almost ready for the publishers, spoke of her work with reverence, for motherhood to her does not mean merely maternity. "Maternity is possible to any female animal, but only to woman does motherhood count. From the female function of bringing forth young to motherhood, which comprehends self-righteous and the rights of offspring, is a far reach," she told me.

"This is the great message of truth that Mrs. Jenness-Miller's book, entitled 'The Trine Order Questioner,' is in its simplicity.

Flowers Worn on Sleeves.

Every year or so brings back the fad of wearing flowers on the sleeves, and this winter has seen the revival once more. At the present time the correct thing is to wear a bouquet of blooms on the right sleeve, near the shoulder.

Orchids, the Japanese iris, small roses, and California violets are chosen.

They are made of satin and mingled with maidenhair fern. The fad will probably gain vogue as the spring comes on.

When you are cleaning your sewing machine and cannot reach parts of it with a cloth, try using a bicycle pump.

The suction of the pump will drive away the dust and threads. Use the pump first, then wipe the more accessible parts with a soft cloth and end with a thorough oiling.

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Famous Exponent of Physical Culture and Dress Reform Entering Broader Field.

By JULIA CHANDLER MANZ.

"Trine Motherhood" will carry to every keeper of a little child wherever it shall find its way, as it is sure to do throughout the world, for a book with a message so vital will extend its help to every woman, just as its author's first work in but one branch of the trinity was carried to millions of women twenty years ago.

For the divinity that chose Mrs. Anna Jenness-Miller to shape so splendid a physical development for womanhood will carry this greater work of trine development to the fulfillment of its broader and higher purpose.

TO-MORROW'S MENU; HOW TO PREPARE IT

Breakfast. Fruit. Stewed Potatoes. Coffee. Muffins. Luncheon. Pickles. Dinner. White Bean Soup. Stuffed and Baked. Pork Tenderloin. Spinach. Mashed Potatoes. Lettuce and Apple Salad. Wafers. Cheese. Orange Float. Coffee.

Gingerbread—into a cupful of thick, rich, sour cream sift a teaspoonful of soda and stir until it is light, gradually adding one cupful of good molasses.

Then add one teaspoonful of ginger, a teaspoonful of cinnamon, one-quarter of a teaspoonful of cloves, a half teaspoonful of salt, a half cupful of fine granulated sugar, one well-beaten egg and four cupfuls of sifted pastry flour. Beat well for five minutes, stir in one teaspoonful of baking powder and bake in muffin pans or in a two-inch sheet. As a change it may be served as dessert with a soft sauce.

Pork Tenderloins—Pork tenderloins are delicious, whether broiled or baked. For broiling they are usually split and brushed with butter. When cooked in the oven a delightful way is to split them almost through. Make a stuffing as for fowl, using fine crumbs, a seasoning of salt, pepper, a little thyme and grated onion, and two tablespoonfuls of melted butter. Spread a thick layer of this stuffing over one of the opened loins, cover with a second loin, and tie together in three or four places. Roast in a quick oven, basting often.

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